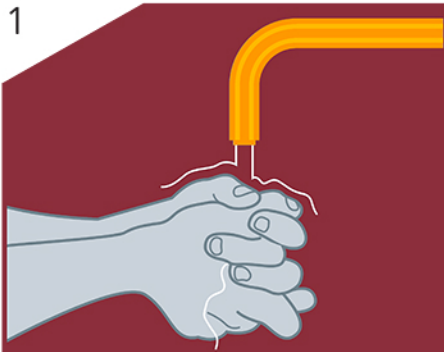
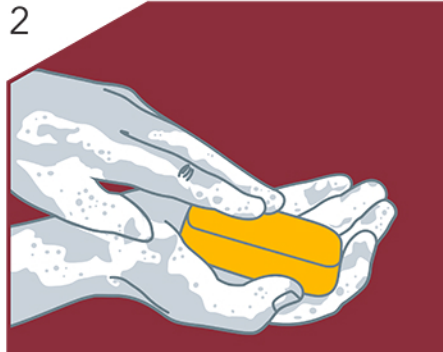


UKUHLAMBA IZANDLA

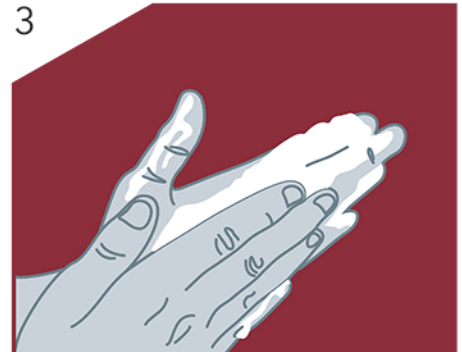
Ucoceko lwezandla ngesepha namanzi



1
Susa ubucwebe (ijuwelari). Manzisa izandla ngamanzi acocekileyo aphuma etephini (afudumeleyo okanye abandayo) ze uvale itephu.



2
Beka isepha kwiintende zezandla.



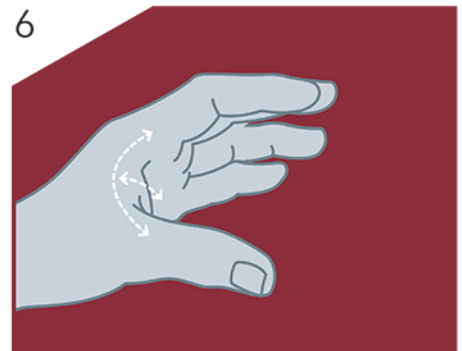
3
Hlikihla izandla ukwenzela ukudala ugwebu.



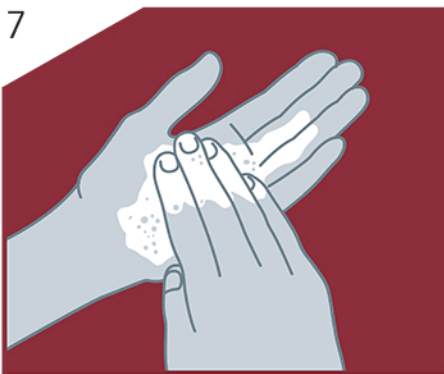
4
Gquma zonke iindawo zezandla neminwe ngogwebu.



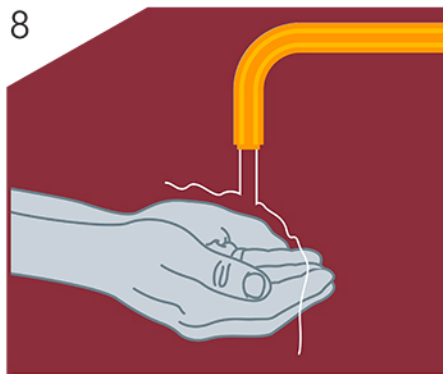
5
Coca imiva yezandla neminwe.



6
Coca indawo ephakathi kobhontsi nomnwe wokwalatha.



7
Faka intupha kwiintende zezandla ukwenzela ukucoca ngaphantsi kweenzipho.



8
Zihlambisisise izandla zakho ngamanzi acocekileyo aphuma etephini ze uvale itephu.



9
Yomisa izandla zakho ngetawuli ecocekileyo okanye uzomise ngomoya.

ubuncinane bexesha lokuhlamba:
seconds-imizuzwana eli-10
ukuya kwengama-20



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Senza inkqubela yenzeke. Sisonke.